



From Ego to Eternity:
Blessed are the poor in spirit

Antulio Borneo, October 12 2025

References

Gospel According to Spiristism – Cap VII

Bem-Aventurados os Pobres de Espírito 2 23 2020 E Haddad –
Fev 2020

Introdução ao Evangelho Segundo o Espiritismo Cristina Bornéo
- Jan 2024

Jesus



Jesus Speaks to Those Who Suffer



The Sermon on the Mount – Matthew (5-7)

The Sermon on the Mount – Blessed are ...

the poor in spirit: for theirs is the kingdom of heaven. (Chap. 7)

those who mourn (or are afflicted): for they shall be comforted. (Chap. 5)

the meek: for they shall inherit the earth. (Chap. 9)

those who hunger and thirst for righteousness: for they shall be filled.
(Chap. 5)

the merciful: for they shall obtain mercy. (Chap. 10.)

the pure in heart: for they shall see God. (Chap. 8)

the peacemakers: for they shall be called the children of God. (Chap. 9)

those who suffer persecution for righteousness' sake, for theirs is the kingdom of heaven. (Chap. 5)

The Spirits' Book

§Part One – which refers to God, creation and the general elements of the Universe.

§Part Two – which deals with Spiritism, reincarnations, Spiritist life, the emancipation of the soul and related subjects.

§Part Three – which addresses moral laws.

§Part Four – which focuses on the theme of hopes and consolations

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The Coding
("Kardecian Pentateuch")
The Spirits' Book (1857)

Genesis (1868) (I and II)
The Mediums' Book (1861) (II)

The Gospel According to Spiritism
(1864) (III)

Heaven and Hell (1865) (IV)

Index Gospel According to Spiritism

Foreword

Introduction

Chapters - I to IV - Pillars

Chapter V to X – Moral Teachings and the Beatitudes

Chapters XI to XXVII - Practical Life

Chapter XVIII - Collection of Prayers

Proud and Prideful

Proud is a generally positive emotion of satisfaction, while

Prideful is a negative trait of arrogance, haughtiness, and disdain for others.

Being proud of an accomplishment is considered healthy, but being prideful suggests an inflated sense of self-importance, a belief in one's superiority, and often includes a refusal to admit mistakes or seek help.

The Gospel According to Spiritism Chap VII

- **What is to be understood by poor in spirit**
He who lifts himself up will be lowered
Mysteries Hidden to the Learned and Prudent
Instructions from the Spirits
 - ? **Pride and humility**
Intelligent Person's Mission on Earth

What Is to Be Understood by the Poor in Spirit

***Blessed are the poor in spirit, for theirs is the kingdom of heaven.
(MATTHEW 5:3.)***

What Is to Be Understood by the Poor in Spirit

The Kingdom of Heaven.

Jesus did not mean those devoid of intelligence, but the humble, in as much as He said that the Kingdom of Heaven would be for them and not for the prideful.



He who lifts himself up will be lowered

*"Whoever, therefore, humbles himself and becomes small like this little child, shall be the greatest in the kingdom of heaven—and he who receives a child in my name, as I have just said, receives it to me."
(MATTHEW 18:1 to 5)*



Mysteries Hidden to the Learned and Prudent

Then Jesus said these words: "I thank you, my Father, Lord of heaven and earth, that you have hidden these things from the learned and the prudent, and that you have revealed them to the simple and the small." (MATTHEW 11:25.)

What did Jesus mean?



Pride and humility

- Pride is the greatest obstacle to spiritual progress.
- A proud person believes they are self-sufficient.
- Don't feel the need to seek God – As they know everything



Pride and Humility

- Humility is the key to progress
- To be humble—to recognize our own smallness in the face of the universe
- Humility makes us receptive to divine and spiritual instruction.



Pride and Humility

However, **is it possible to be charitable to your neighbor without being humble? ...**

...humility and charity, who are as two brothers going hand in hand, are the most efficient means of obtaining grace before He who is Eternal.

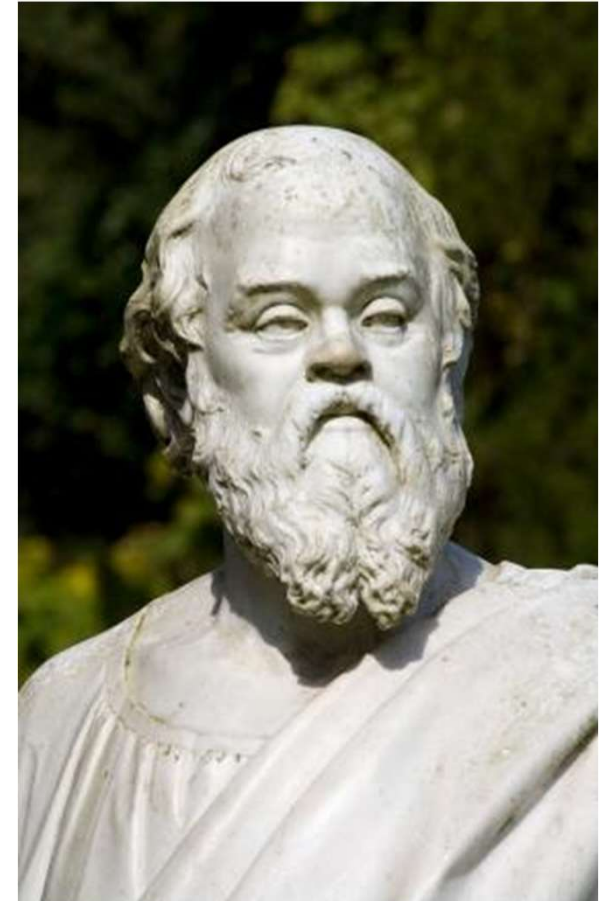
ADOLF, Bishop of Argel (Marmande, 1862).



Mission of the Intelligent Person on Earth

If God, within His designs, causes you to be born in an ambient where you could develop this intelligence, then it was because He wished you to use it for the benefit of everyone.

FERDINAND, a Protecting Spirit (Bordeaux, 1862)



Mission of the Intelligent Person on Earth

Does not the hoe which the gardener gives to his assistant, show to what use it should be put?

FERDINAND, a Protecting Spirit (Bordeaux, 1862)



An Organizational Psychologist's View

Humility is distinct from low self-confidence; it is a mark of high self-awareness.

It means **recognizing your strengths and weaknesses** accurately and being **grounded in the reality that you are flawed and fallible.**

Adam Grant



A Philosopher's View

"When we have the **humility to know that we don't know everything, coexisting with different opinions is very natural.**"

"Coexistence serves to smooth out rough edges, in myself and in others, and that's how we grow."

Lúcia Helena Galvão



An Entrepreneur's View

“All of us need to be on guard against arrogance, which knocks at the door whenever you are successful.”

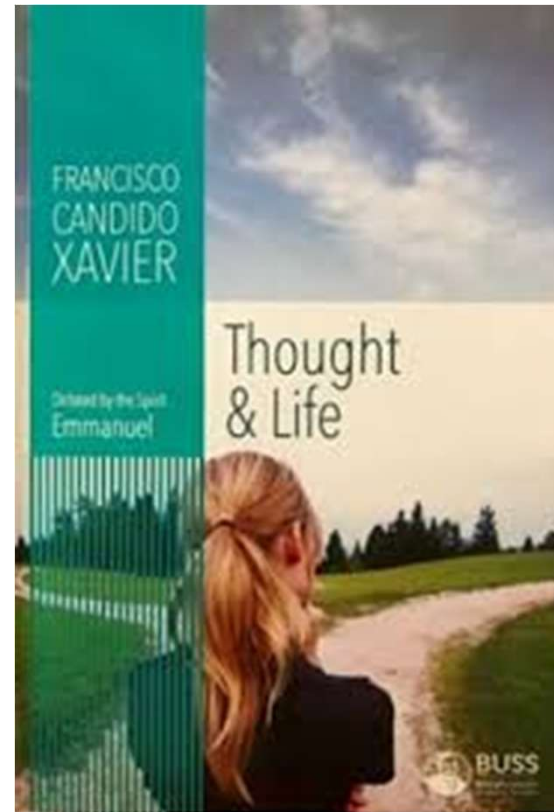
Steve Jobs



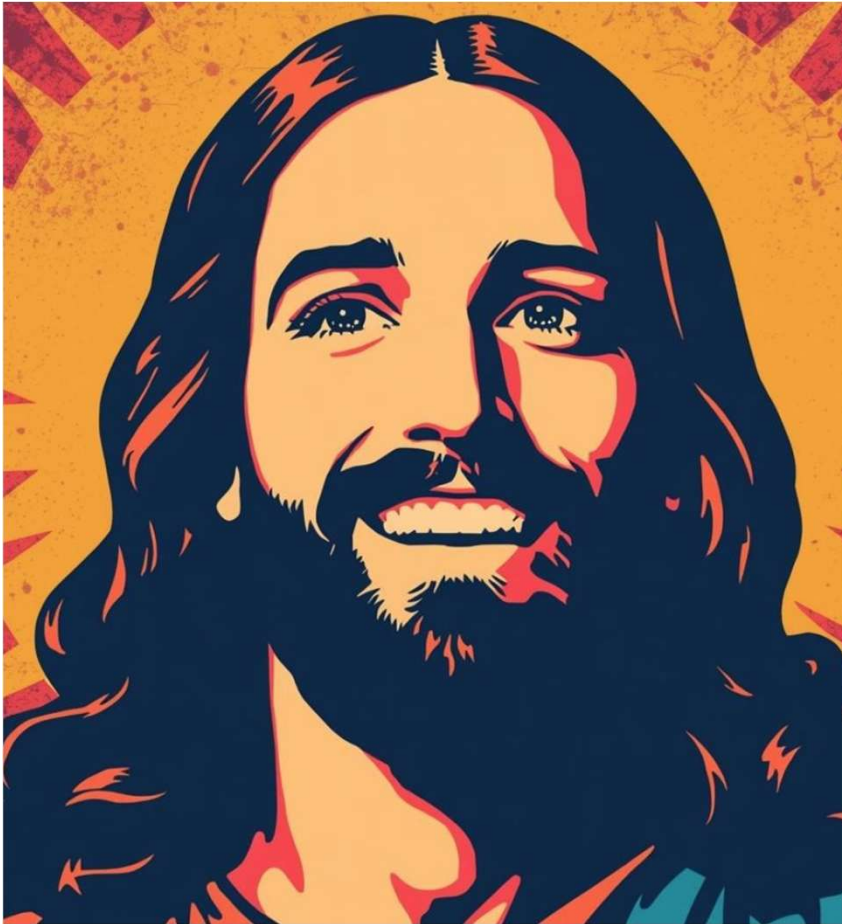
"Humility" from Thought and Life (Pensamento e Vida)

“Humility is not servitude (slavery). It is, above all, independence, an inner freedom that is born from the depths of the spirit, sustaining its permanent renewal for the good.

To cultivate it is to move forward without being held back, to project the best of oneself onto the paths of the world, to forget all evil and joyfully restart the task of love every day”.



A Simple Path



"Blessed are the poor in spirit" is the starting point for all moral progress.

Humility as the foundation for all other virtues.

Only by becoming "spiritually poor" can we be filled with the true, eternal riches of the kingdom of heaven.



“Whoever wants to be first must take last place and be the servant of everyone else.”

Mark 9:35